

Dear Friend:

I wanted to personally send you an invitation to let you know what's new with Fitness Together and how we can help you achieve your goals.

My name is Maria Kugelman and I'm the new Manager at our upgraded BridgeMill facility. Since you're a new client, I want to personally invite you to take advantage of this new exciting offer to new clients.

We are now putting together changing nutrition programs that benefit you personally based on your lifestyle. We have competitive pricing that will suit your budget.

I would love to hear from you. Please email: ftbridgemill@fitnesstogether.com or call: (770)345-3883. (We are located behind CVS, next to Subway on the corner of Sixes Rd and Bells Ferry, in Canton, GA).



When you have a personal trainer, you get support in a lot of different areas—nutrition, proper use of equipment, workout routine, encouragement, all of these things. It's a one-on-one relationship that most of us need for goals that require hard work and dedication. And, in many ways, it's a friendship.

— Maria Kugelman, studio manager, Fitness Together at BridgeMill

**FITNESS TOGETHER
PERSONAL TRAINING GIFT CERTIFICATE**



Congratulations! You have received \$150.00 in Fitness Bucks to go towards a new Fitness, Nutrition and Assessment Package(s). Please call to schedule your new upgraded package. Bring this letter with you. (770)345-3883 or email ftbridgemill@fitnesstogether.com